

SQ ZONE CHAMPS '24

May 10, 11, 12
2024

Rainbow Beach



hosted by Noora Oll

Griffin Esplanade, Rainbow Beach

Nominations Close: Midnight **WEDNESDAY 1st MAY**

Land Race Director/s: Des Mabbott 0420 935 769/Paz Hegarty
Sea Race Director/s: Simon Currie 0468 557 259/ Tim Fisher



Working in conjunction with Gympie Regional Council and local businesses





Welcome Paddlers

On behalf of the Noosa Outrigger Canoe Club, it is with great pleasure that I welcome clubs, their paddlers, coaches, managers, sponsors, officials & volunteers to the 2nd SQ Zone Championships. We are lucky to have the beautiful Rainbow Beach as our neighbours and we are thrilled to be hosting this amazing event for SQ Zone members and clubs near and far. We hope you take advantage of the racing over the 3 day event. As per last year, small craft will be hitting the water on the Friday & the OC6 racing starting on Saturday. Then Sunday concludes with the OC6, 25km beach relay event.

The Sq Zone Championships, with both the small craft and OC6 before National Marathons, is a great chance to hone your personal and team skills.

I would also like to thank the Gympie Council and the Rainbow Beach Surf Life Saving Club for their assistance and support with our event in their region again and allowing our members and families to come and experience this friendly and warm township.

We also pay our respects to the Butchulla people, the Traditional Owners & Custodians of this land, to their Elders, past, present and emerging.

We wish every participant the very best of luck in these championships & hope everyone paddles safely & enjoys the 3 days of racing at this amazing location showcasing our great sport of outrigger canoeing!

See you there!

Bodo Lenitschek
Bodo
President, Noosa Outrigger Canoe Club



From the CEO

As CEO of Gympie Regional Council, it is my pleasure to welcome residents, visitors, and competitors to the Gympie Region, traditional home of the Kabi Kabi people, and welcome to Rainbow Beach, traditional home of the Butchulla people.

Rainbow Beach is renowned for its stunning coloured sands and crystal-clear waters, making it the perfect setting for this exciting event, which will showcase the best of outriggering in South Queensland.

I want to extend a warm thank you to everyone who has made this event possible, including supporters, vendors, sponsors, support staff, and volunteers. Your presence and support are invaluable, and we are grateful for your contributions.

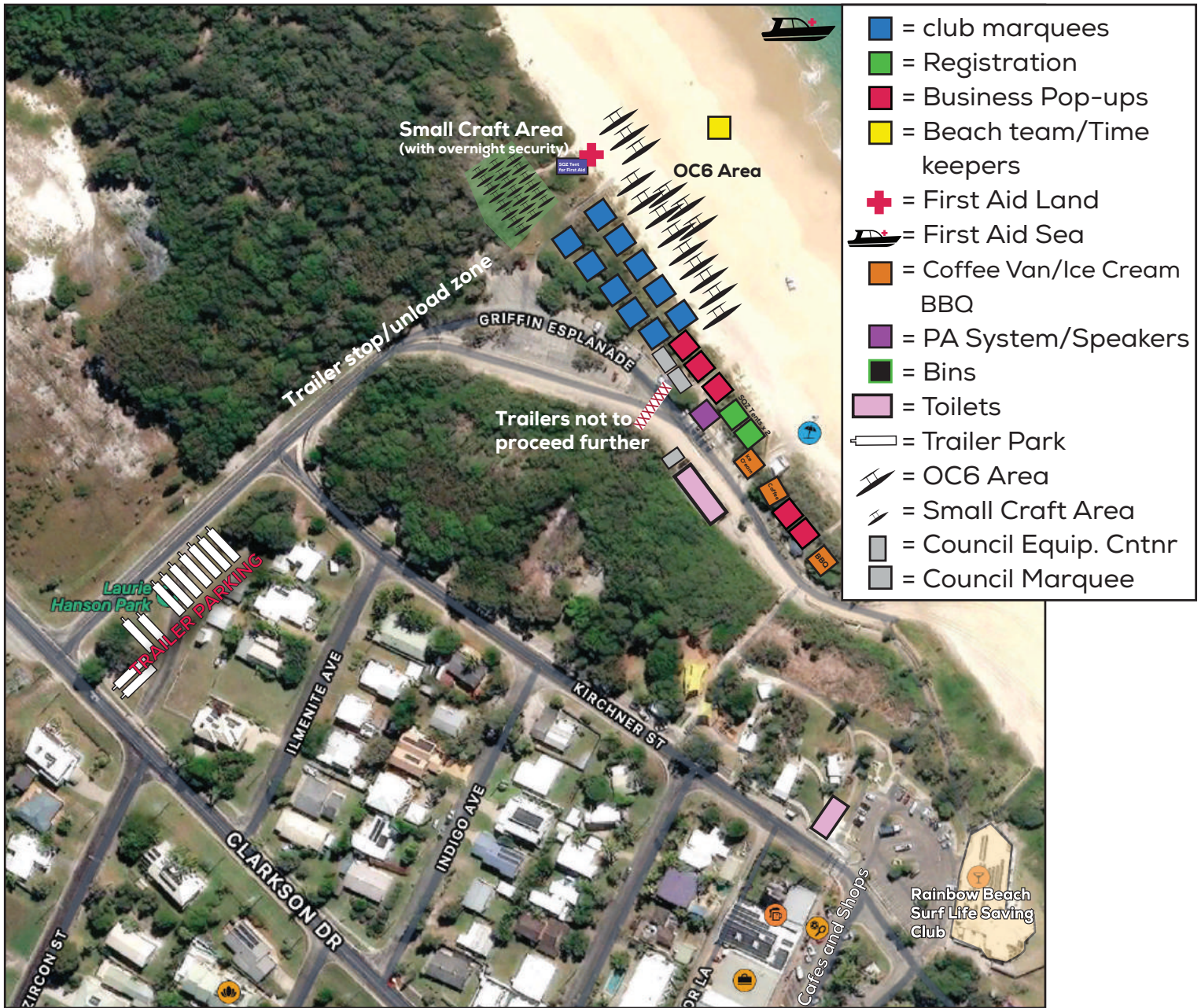
I encourage everyone to enjoy the competition, explore our vibrant community, and make the most of your time here at Rainbow Beach.

Thank you, and best of luck to all participants!
Robert Jennings
CEO Gympie Regional Council





Regatta Site



1. REGATTA SITE

Rainbow Beach can be accessed via Rainbow Beach Rd, Kirchner St or Wide Bay Esplanade.

Parking can be found on these streets and surrounding side streets. Or walk from near-by accommodation.

Toilets are located opposite the Life Guard Tower near the Registration Tent or in the park towards the Surf Club on Kirchner St. (150 mtr walk).

The trailer access and parking - Access to beach via Griffin Esplanade. Be mindful of the restricted turning space. Trailer parking available on Laurie Hanson Park on the corner of Griffin Esplanade and Clarkson Drive.



FRIDAY 10th May

Small Craft

Championships

Race Program

High Tide:		9.13 am 1.60 mtrs		Low Tide:		3.06pm 0.40 mtrs	
Sunrise:		6.15 am		Sunset:		5.12 pm	
Friday 10th May							
Event	Start	Finish	Event Detail/Division				Distance
	7.00am	8.00am	Registration Open				
	8.00am	8.15am	Race Briefing- Short Course				
Race 1		Short Course Seniors Singles					
	8.30am		V1, OC1, OC2, V3 - 16U, 19U, Novice & Seniors				6km
	9.00am	9.15am	Race Briefing -Junior races				
Race 2		Short Course Juniors Singles					
2a	9.30am		12U/Para - V1, OC1, OC2, V3				2km
2b	10.15am		14U/Para - V1, OC1, OC2, V3				4km
	11.30am	11.45am	Race Briefing - Long Course				
Race 3		Long Course Seniors					
	12.00pm		V1, OC1, OC2, V3, OC3, 16U, 19U				15km
Friday 10th May 2024 Racing Finished							
PRESENTATION FOR SMALL CRAFT WILL BE SATURDAY NIGHT							

2. RACE PROGRAMS

Times for all races on this program are approximate and are subject to change depending on nominations/conditions etc. On the day, please heed all announcements from the Race Director in relation to times of your events, as race times can change.

The program will run in accordance with AOCRA Rules. Rules are on AOCRA's website under Administration. Any enquiries regarding the program, please contact the Race Director.

Note: A Mobile Phone in waterproof case required for Long course races.





SATURDAY 11th May

OC6

Race Program

Championships

High Tide:	9.58 am	Low Tide:	3.44pm	
	1.50 mtrs		0.50 mtrs	
Sunrise:	6.16 am	Sunset:	5.11 pm	
Saturday 11th May				
Event	Start	Finish	Event Detail/Division	Distance
	6.15am	7.00am	Registration Open	
	7.00am	7.15am	Race Briefing- Short Course	
Race 1		Short Course - Women		
	7.30am		Women (incl. 16U/19U/Para & Novice)	8km
Race 2		Short Course- Men		
	9.00am		Men (incl. 16U/19U/Para & Novice)	8km
	8.45am	9.00am	Race Briefing- Junior Races & Novice Dash	
Race 3		Junior races and All ages Novice Dash (4km)		
3a	9.10am		Minnows (min 5 min rest between)	1km out
3b	9.25am		Minnows	1km back
3c	9.10am		12U/14U- Girls, Boys & Mixed & Novice Dash	2km/4km
	10.00am	10.15am	Race Briefing- Long Course	
Race 4		Long Course Mixed & Women		
	10.30am		All Senior Mixed & Women (Incl. 19U)	18km
Race 5		Long Course Men		
	1.00pm		All Senior Men (Incl. 19U)	18km
Race 6		Mixed Short Course (quick briefing prior to start)		
	3.30pm		All Divisions Mixed (Incl. 16U /19U/Para & Novice)	8km
Saturday 11th May 2023 Racing Finished				
from 6.00pm DAYS Presentation & Gala Night at Rainbow Beach Sports Club - 7 Turana St. Rainbow Beach, 5 min walk from town centre				

Times for all races on this program are approximate and are subject to change depending on nominations/conditions etc. On the day, please heed all announcements from the Race Director in relation to times of your events, as race times can change.

The program will run in accordance with AOCRA Rules. Rules are on AOCRA's website under Administration. Any enquiries regarding the program, please contact the Race Director.

Note: A Mobile Phone in waterproof case required for Long course races.





SUNDAY 12th May

OC6 Beach Relay

RAINBOW RUN

Race Program

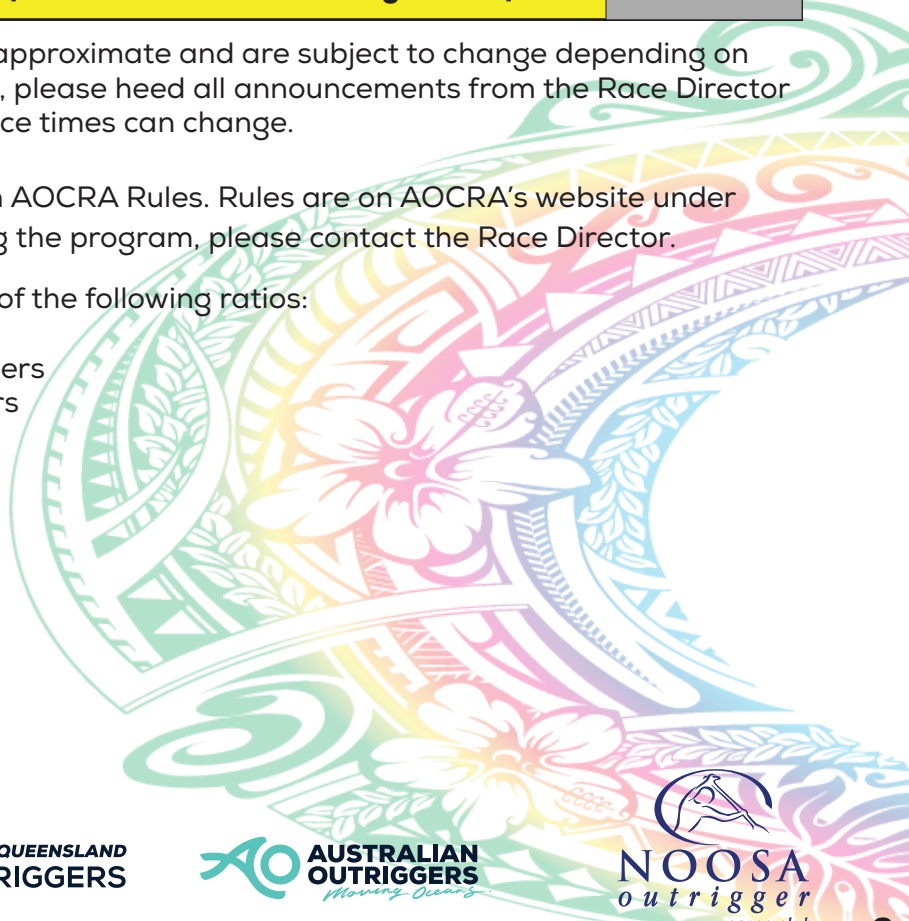
Low Tide:	5.22am	High Tide:	10.43am	
	0.75 mtrs		1.40 mtrs	
Sunrise:	6.16 am	Sunset:	5.11 pm	
Sunday 12th May- Non Championship Event				
Event	Start	Finish	Event Detail/Division	Distance
	8.00am	9.00am	Registration Open	Leg 1 - 2.85 km
	9.00am	9.15am	Race Briefing	Leg 2 - 2.85 km
Race 1			ALL DIVISIONS	Leg 3 - 2.85 km
	9.30 am		All divisions (incl. 16U/19U/Para)	Leg 4 - 2.85 km
				Leg 5 - 2.85 km
				Leg 6 - 2.85 km
				Leg 7 - 2.85 km
Collect a coloured ribbon at each check-point. Collect all 7 to be eligible for prizes.				Total Distance
				19.95 km

Times for all races on this program are approximate and are subject to change depending on nominations/conditions etc. On the day, please heed all announcements from the Race Director in relation to times of your events, as race times can change.

The program will run in accordance with AOCRA Rules. Rules are on AOCRA's website under Administration. Any enquiries regarding the program, please contact the Race Director.

Beach Relay Event Teams must consist of the following ratios:

- A. OC6 Men - All Divisions 9 paddlers
- B. OC6 Women - All Divisions 10 paddlers
- C. OC6 Mixed - All Divisions 10 paddlers





Race Courses



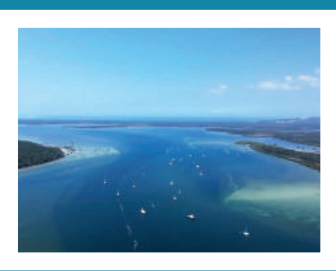
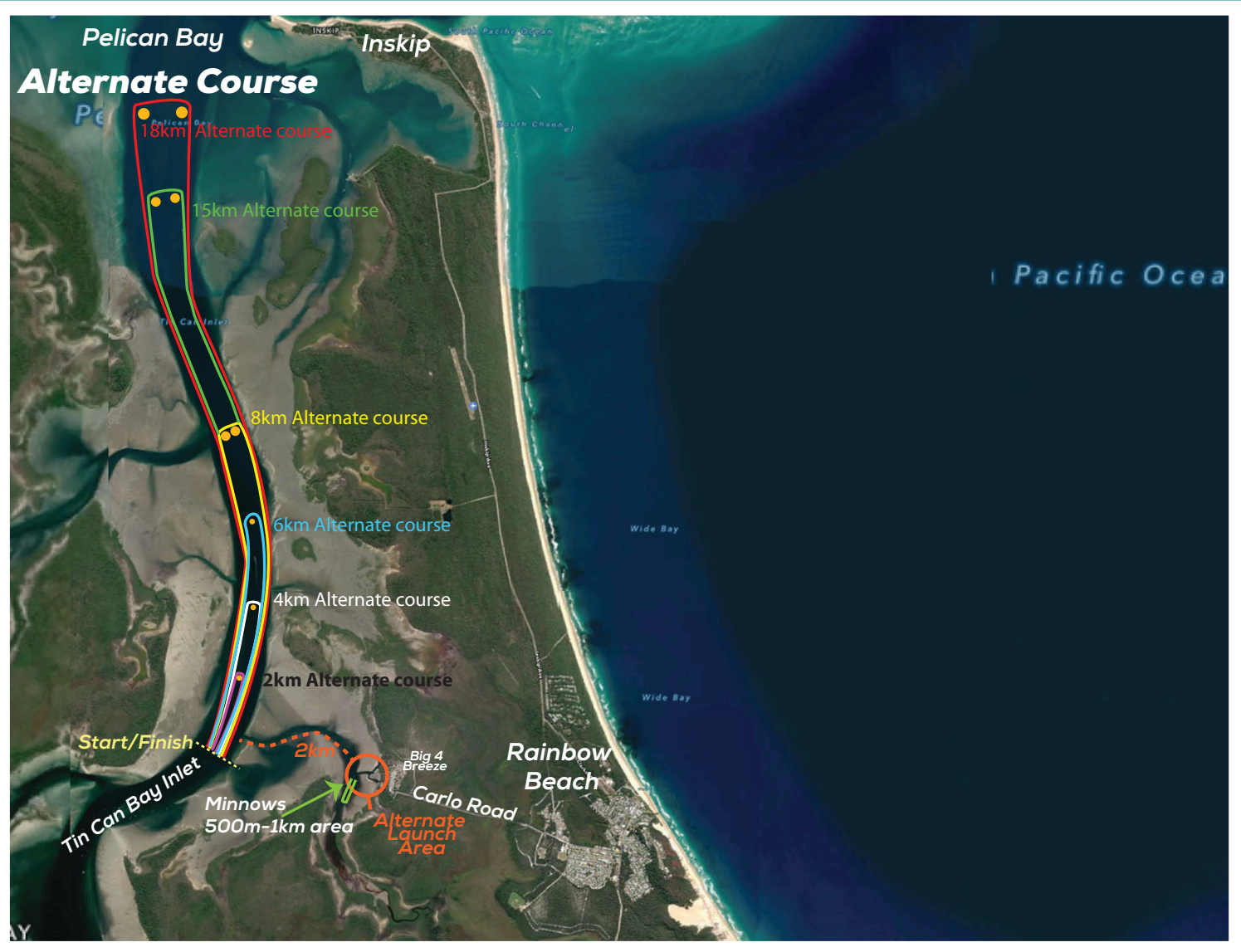
4 . RACE COURSES

Starting and finishing in a safe location near the regatta site.

This open water course is to have the option of moving to harness the ideal homeward leg conditions for wind and swell. The above is an example and may move on the day to take advantage of the race day conditions.



alternate Courses



Alternate Course- potential entry via the ramp at Carlo Point, Carlo Rd 5 mins from Rainbow Beach. Paddle from ramp is 2km to Pelican Bay/Tin Can Inlet.





SUNDAY 12th May

OC6 Beach Relay

RAINBOW RUN

Butterfly course has 2 change points, 500m either side of the Lifeguard tower where paddlers will be able to collect a coloured ribbon.

Leg 1 heads NE from the start to make an Ama turn at the bouy. Then towards the next bouy at the beach to the No.1 Change-over Area.

Leg 2 heads SE to make a non-Ama turn at the furthest SE bouy. The head NW for a non-Ama turn entering No.2 Change-over Area at the beach bouy.

Repeat this course for a total of 7 Legs, collecting 7 ribbons.





NOMINATION INFORMATION

3. PARTICIPATION RULES

REGISTRATION

Club Registrars must include Canoe Number and Team sheets with nominations online at <https://aocra.com.au/race-registration.php> by midnight Wednesday 1st May 2024.

It is not possible to register on the day.

If you are having trouble with the online registration through AO please email support@aocra.com

4. RACE FEES

Entry Race Fees Small Craft, OC6 and Beach Relay Event

\$30 Per Paddler Short Course - Senior Paddlers

\$40 Per Paddler Long Course or Beach Relay Event - Senior Paddlers

\$15 Per Paddler - Junior Paddlers

Registrations after midnight (AEST Qld) of the advertised cut off will incur a \$500 late fee (\$100 for juniors) in addition to the advertised race fee.

** Please see 11 for Refund/Cancellation Policy

5. SMALL CRAFT DIVISIONS

SMALL CRAFT Short and Long Courses		
Men V1/OC1/OC2/V3/OC3	Women V1/OC1/OC2/V3/OC3	Mixed V1/OC1/OC2/V3/OC3
12U/14U/16U/19U Novice Para (mention in notes) Open Master Snr Master Golden Master Platinum	12U/14U/16U/19U Novice Para (mention in notes) Open Master Snr Master Golden Master Platinum	12U/14U/16U/19U Novice Para (mention in notes) Open Master Snr Master Golden Master Platinum

6. OC6 DIVISIONS

	OC6 WOMEN, MIXED & MEN
	COMBINED AGES
OPEN	-240 years
MASTER	240+ years
SENIOR MASTER	300+ years
GOLDEN MASTER	360+ years (may be from differing clubs)
PLATINUM	420+ years (may be from differing clubs)
JUNIORS	Minnows, Mighty minnows, 12U, 14U, 16U, 19U
YOUNG GUNS	120 years (must be min. 3 jnrs. (16U-19U) + min. 2 adults- all same gender)
PARA	Write 'Para' in notes



7. BEACH RELAY EVENT DIVISIONS- 9 x Men, 10 x Women, 10 x Mixed

BEACH RELAY	9 x MEN	10 x WOMEN or MIXED
	COMBINED AGES	
OPEN	-360 years	-400 years
MASTER	360+ years	400+ years
SENIOR MASTER	450+ years	500+ years
GOLDEN MASTER	540+ years (may be from differing clubs)	600+ years (may be from differing clubs)
PLATINUM	630+ years (may be from differing clubs)	700+ years (may be from differing clubs)

8. COMPOSITE CREWS

Entries from **various AOCRA Clubs** for team entries for Juniors, Golden Masters and Platinum Masters (competing in the same division ie. Junior, Golden and Platinum Masters) are allowed.

9. SQ ZONE CHAMPIONSHIPS

Zone Championships are not part of the SQ Zone Club Challenge Series.

The Host Club and SQ Zone welcome teams outside of the Zone to enter. However results from their races will not be entitled to 2024 Championship medals or the results tally for SQ Zone Clubs. Alternate medals will be awarded should an outside of zone team place in any races entered.

10. SAFETY

Mandatory safety regulations apply. Please note the following safety requirements.

OC6	Club Uniform 6 x Non-Inflatable PFD* 2 x Bailers 1 x Tow Rope 1 x Spare Paddle Covers Long Course- Mobile phone in a waterproof case.
Minnows	Non-Inflatable PFD's to be worn
All paddlers who haven't completed a required AOCRA swim test must wear a non-inflatable PFD*	

***NOTE:** Recent updates to Aocra rules April 2024 8.6 and 16.2 in regards to PFD's not to be inflatable type.

V1	Club Uniform 1 x Non-Inflatable PFD 1 x Bailer 1 x Spare paddle Covers
OC1	Club Uniform 1 x Non-Inflatable PFD 1 x Spare paddle 1 x Leg Leash
OC2	Club Uniform 2 x Non-Inflatable PFD 1 x Spare paddle 1 x Leg Leash
V3/OC3	Club Uniform 3 x Non-Inflatable PFD 2 x Bailers 1 x Tow Rope 1 x Spare paddle Covers



11. AOCRA Refund Policy effective 21 March 2023

The Nomination Fee

Nomination Race Fee	Seniors		Juniors	
	4km/8km	18km & Beach Relay Event	1km/500mtr, 2km, 4km, 8km + Seniors 4km Dash	18km
Total Fee	\$ 30.00	\$ 40.00	\$ 15.00	\$ 40.00
Host Club	\$ 23.00	\$ 33.00	\$ 10.00	\$ 33.00
Zone	\$ 5.00	\$ 5.00	\$ 3.00	\$ 5.00
AOCRA	\$ 2.00	\$ 2.00	\$ 2.00	\$ 2.00

AOCRA Refund Policy in the event of Postponement and or Cancellation

Refund policy may vary depending on the type of event and the Host or Organiser. The Host of each event must include a Refund Policy in the approved Regatta / Event Program outlining the terms for eligibility to request a refund. The Refund Policy must be the same wording as outlined in the AOCRA Rules, otherwise, the Host must seek approval from AOCRA Events for any changes prior to publishing a Refund Policy in the approved Regatta / Event program. The Refund Policy applies to nomination fees paid to enter a sanctioned AOCRA event only.

Nominee Cancellation Prior to the Event Date

Change of Mind or Unable to Attend

Once the nomination fee is paid there is no refund for change of mind. If you have paid the nomination fee and are unable to attend the event due to extenuating circumstances outside of your control, you may apply in writing using the AOCRA Request for Refund Form on the AOCRA website and email to support@aocra.com.au giving details of the reason for requesting a refund. The Host, Zone and AOCRA are not obligated to refund their respective portions of the nomination fee, and if a refund is approved it will be processed in full less an administration fee of up to \$10 for processing the refund. AOCRA determines the administration fee at the time of processing a refund and retains the administration fee to cover their processing costs. The nominee cannot request a refund on the day of the event or after the start date of the event.

Host Postpones or Cancels the Event

Host Giving Notice of Postponement or Cancellation

The Host must follow the AOCRA Rules to postpone or cancel an event and give notice in writing by: email, sms alert notification or text message to your mobile device, Host Facebook post, written announcement on the AOCRA website. The effective date is the date of dispatch.

Event Postponed

Should the Host, Zone or AOCRA postpone an event, they are required to give notice at any time prior to the scheduled start time of an event. A date for the rescheduled event must be announced within 7 days of the original event date in writing by: email, sms alert notification or text message to your mobile device, host or SQ ZONE Facebook page, written announcement on the AOCRA website. The Host reserves the right to postpone the event (where no refund will be issued).

The rescheduled event program content / format may change including scheduled times which is at the discretion of the Host and they reserve the right to do without notice.

The Host, Zone or AOCRA may continue to postpone an event following the same process as above.

Event Cancelled

- The Host, Zone or AOCRA may cancel an event inline with the AOCRA Rules.
- Cancellation more than 30 days before the event is at minimum a 80% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation more than 7 days before the event is at minimum an 70% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation more than 1 day before the event is at minimum a 60% refund of the Host, Zone and AOCRA portion of the nomination fee.
- Cancellation on the day of the event is at minimum a 40% refund of the Host, Zone and AOCRA portion of the nomination fee.
- The Host reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.
- The Host reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.
- AOCRA reserves the right to refund at a greater value of their portion of the nomination fee only, than the stated cancellation terms above.

Refund Payment

Refunds will be processed within 30 days of cancellation via the same method used for payment.

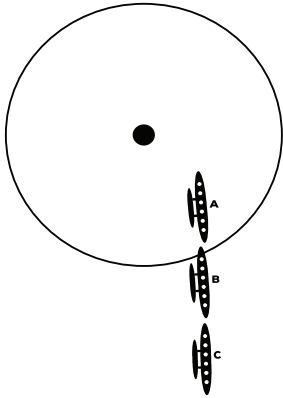


12. Right of Way Rules

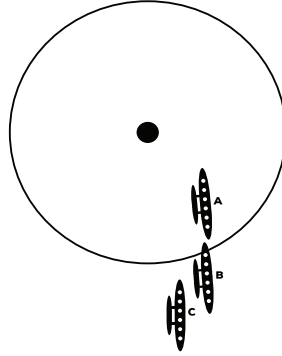
Figure 1 Diagram depicting examples of "right of way" rules with the circle depicting two canoe lengths.

(please note in the second example canoe c does not get right of way until they are within 2 canoe lengths of the turn).

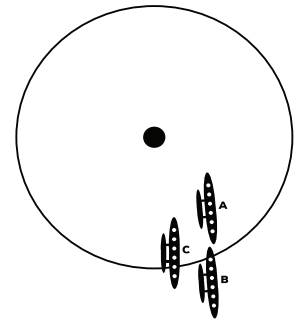
Boat **A** has right of way over **B** and **C**.
Boat **B** has right of way over boat **C**



Boat **A** has right of way over **B** and **C**.
Boat **B** must not impede **A** nor can Boat **C**
Boat **C** has right of way over Boat **B**
Boat **B** must not impede **C**



Boat **C** has right of way over both **A** and **B**
Boat **A** has right of way over **B**
Boat **A** must not impede **C**
Boat **B** must not impede either **A** or **C**



13. Uniform Criteria

In the interest of Sun Safety, accurate timekeeping and media exposure, Club Uniforms are **COMPULSORY** for ALL small craft and OC6 events.

BOOK HOLIDAY ACCOMMODATION DIRECTLY WITH THESE LOCAL REALTORS

<https://holidays.rainbowbeachrealty.com>

<https://www.accommodationrainbowbeach.com.au>

Or check out these for cabins, caravans and tent sites

<https://www.rainbowbeachholidayvillage.com>

or <https://breezeholidayparks.com.au> (discount for paddler groups)

**Also, be sure to enjoy many local sights and experiences
from horse riding to helicopter flights while you are here!**

Get into some awesome Raffles for the winning!

1 ticket for \$3

2 ticket for \$5

5 ticket for \$10

Available at the raffle tent





PRESENTATION GALA NIGHT -

Saturday 11th May

**From 6pm - Music, Roast Dinner & designated bar staff
(full venue allocated to paddlers)**

**Rainbow Beach Sports Club
7 Turana St. Rainbow Beach,
5 min walk from town centre**



PRE-ORDER YOUR ROAST CARVERY (includes vegan meal options and dessert)

NOTE: No orders available on the night and club restaurant closed

ADULTS \$35 each
CHILDREN/JUNIORS \$20 each

NOTE: Cut-off date for orders is Friday 3rd May. 50c fee applies to each meal.

INDIVIDUALS to order via

www.trybooking.com/events/landing/1214606



**Many thanks to the local Rainbow Beach Community and businesses
for their support and donating prizes as well zone paddling businesses**



\$5000 worth of prizes to be won!



**Gala Night & medal presentation
subsidised by SQ Zone
and Rainbow Beach Sports Club**

