

## **21 Typical race completion times (seniors)**

To estimate the time allocated for each race here are some guidelines

### **River Race at Noosa,**

*Times for last canoe to complete the 12 km distance:*

Men: 1h 10 mins; Mixed; 1h 20 mins; Women: 1h 20 mins

### **Ocean Race at Noosa**

*Times for last canoe to complete the 16 km distance:*

Men: 1 h 30mins : Mixed 1h 40mins; Women 1hr 45mins.

Shorter distances to be assessed pro rata noting that in these cases less experienced crews could take a little longer.

## **22 Typical race completion times (juniors)**

Minnows 1km: 12 mins, 12U 2km: 20 mins, 14U 4km: 35 mins.

Extra allowances for time as juniors take forever to get ready.